

Laragh Parish Newsletter



Website: www.laraghparish.com

Email: laraghnewsletter@gmail.com

Kilmore Website: www.kilmorediocese.ie

Clergy & Pastoral Care

Fr Brian Flynn	049 4330142	Mobile	086 0422996
Fr Liam Kelly	049 5553035	Mobile	087 9877739
Fr Yusuf Bamai	049 5553218	Mobile	089 9645065
Fr John Cooney	049 5552163	Mobile	086 8755695

Emergency Numbers

Cavan Gardai	049 4368800	Doc-on-Call	1850 777911
--------------	-------------	-------------	-------------

22nd November 2020 – Feast of Christ the King

Prayer to St. Joseph

God, our heavenly Father,
grant us the fortitude of Christ your son
to face the Covid-19 crisis
with trust, patience and compassion.
Give us the grace of the Holy Spirit
to free us from fear
and look forward together to the future
with healing and hope.
Through the intercession of St. Joseph,
the guardian of Jesus, and Mary,
the mother of Jesus and mother of the Church,
may we be guided through this time of peril.
Preserve us in peace; protect the vulnerable;
keep safe our health care workers
and all who serve society,
at home and abroad.

We ask this through Christ our Lord.

Amen

- Covid 19 support line for older people:** ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance. The support line is open seven days a week, 8am - 8pm by calling 0818 222 024. (price of local call)
- Masses:** those who have booked Anniversary Masses during this period should note that their intentions will be honoured at private Masses offered on the appropriate days. (Please do not send in stipends for these Masses.)
- Lough Derg November Memorial Service:** for deceased pilgrims and benefactors Live via webcam from St. Mary's Church, Pettigo, Sunday 22nd November at 7pm www.churchservices.tv/pettigo *TO ENROL A DEPARTED LOVED ONE* please contact us by email: info@loughderg.org or Tel: 071 9861518 Write to: Fr La Flynn, Prior, Lough Derg, Pettigo, Co Donegal F94 YC60
- Laragh United GFC Lotto Results:** No jackpot winner. Numbers were 4, 24, 25, 32. €30 winners were Raymond Maguire, Darragh Smith, Tiernan J Smith, Billy Power & Majella Tierney and Tina Kangley. Next week's jackpot €7,000. Tickets can be purchased online.
- Christmas Shoebox Appeal:** Volunteers from Co Cavan have been supporting the Christmas Shoebox Appeal for many years. With it moving online this year, Cavan Coordinators Hazel Speares and Edna Smith are going to walk 1000km by 23rd December to raise as much funds as possible to help vulnerable children. All donations will allow Team Hope's network of local partners in Africa and Eastern Europe to purchase items for shoeboxes, which will be wrapped and delivered directly into the hands of children. Often these shoeboxes are the only gift that a child will receive at Christmas and the joy that they deliver is incredible. Please donate what you can to Hazel or Edna or by www.justgiving.com/team/Cavan
- Accord:** is providing a four hour facilitated virtual interactive programme for couples preparing for marriage following the temporary suspension of its face-to-face programme. The final part of the programme will be a meeting with the priest who is conducting the ceremony. Couples who have arranged their wedding date but have not had an opportunity to attend a pre-marriage course should check accord.ie for details.

You Did It To Me

At Monasterboice in County Louth there is an ancient Celtic Cross depicting the story of the Last Judgement. It shows Christ weighing souls in a pair of scales. Those who are judged worthy are sitting on his right, their faces turned towards him; those who are found unworthy are being prodded away by little devils with pitchforks, their faces filled with horror. The crude simplicity of these images was a means of conveying the truth of the Gospel to a people who couldn't read the handwritten texts. No doubt it succeeded in its aim. Yet it's hard to believe that the Monasterboice Cross captures all the subtleties of today's Gospel story. Because the central theme of the parable of the sheep and the goats is not judgement but compassion, the capacity to identify with and enter into the sufferings and helplessness of others. If there is one word that sums up the life of Jesus, it's compassion. He is often described as the compassionate face of God. Compassion, therefore, becomes the key to the Christian life, the ultimate criterion by which we will all be judged. In showing it, we reflect Jesus' loving care for the weak and wounded. In living it, we draw close to him who greets us in the eyes of the poor. 'Just as you did this to one of the least of these members of my family, you did it to me'. This is the heart of today's Gospel. Mother Teresa called it the Five-Finger-Gospel. She learned it as a child from her mother and never forgot it. In fact, it became the inspiration of her life's work. This is how she describes it. With your right index finger you touch each finger of your left hand in turn, beginning with the thumb, saying You-Did-It-To-Me. Each word reminds us who we are called to be:

YOU reminds us of our freedom, our independence and our human dignity.

DID reminds us of our power to change and our responsibility to make a difference.

IT reminds us that Christian love is not an emotion but something of practical benefit to others.

TO reminds us that we show compassion not to seek an eternal reward but to do God's will in this life.

ME reminds us that Christ is present in every human being but especially in those who need our love and care.

No wonder Mother Teresa saw these five words as a summary of the Gospel. Every time we look at our fingers and think of the words, we are being called to a deeper way of living.

GENERAL NOTICES

- 1. Mass for Deceased Bishops, Priests and Deacons:** Bishop Martin will offer Mass for deceased clergy of the Diocese on Wednesday 25th November at 10am in the Cathedral. Mass can be viewed www.churchservices.tv/cavancathedral
- 2. November's Month of the Holy Souls:** is a time to remember and pray for those no longer with us. It is always a deeply important time of year, but especially this year when so many people, both in Ireland and around the world, have fallen victim to the dreadful Covid-19 virus. This November, the Chaplaincy Department of Cavan General Hospital are holding a Remembrance Mass, for those who passed away in the hospital during the past year and also for departed relatives and friends of Staff. Usually, we are honoured to invite relatives to join us in person, but this year, like so much else in our lives, our mass must take on a different format. It will be held in the Cathedral of Saints Patrick & Felim, Cavan on Monday 30th November at 10am and although we can't ask you to join us in the Cathedral, **you can watch online at <https://www.churchservices.tv/cavancathedral>** and light a candle at that time in remembrance of your loved one.
- 3. MINI ADVENT RETREAT ON ZOOM:** For three sessions, during Advent, you are invited to take part in a mini-retreat that will explore the themes of Faith, Hope and Love. The retreat will be led by Fr Billy Swan, St Aidan's Cathedral, Enniscorthy and will take place from Tuesday 1st to Thursday 3rd December beginning at 8pm. To take part, all you need to do is send an email to thehookoffaith@gmail.com to receive the Zoom link. Come and join us to prepare for Christmas.
- 4. Sleep Out Cavan:** We are in need of winter clothing – coats, jumpers, hoodies, new socks and underwear for men, women and children. With the weather getting colder and the long nights we need to stock up on clothing for homeless people. Thank you for your continued support to Sleep Out Cavan .Please contact Michael at 085 7742027.
- 5. Deafness and Hearing Loss Support:** Free and confidential support service on all aspects of deafness and hearing loss. Clinics on 15th December in Teach Oscail Family Resource Centre at 31 Church Street, Cavan, by appointment only – Tel 042 9332010.
- 6. Plenary Indulgence for the Deceased:** Due to the Coronavirus pandemic and the need to avoid large groups from forming where prohibited, the Plenary Indulgence applicable to the deceased by those who visit a cemetery has been extended beyond the normal dates, 1-8 November. This year the indulgence can be obtained by anyone who visits a cemetery (even mentally) on any day in November and devoutly prays for the faithfully departed. (The intention to fulfil the normal requirements, when possible, is presumed: Confession, Holy Communion and prayer for the Pope's intentions).