

Laragh Parish Newsletter



8. Outdoor Fitness Classes: Choose this year to be a happy, healthy one. We are back training in Stradone every Monday and Wednesday from 7pm – 8pm, starting this Monday 8th. Walker or runner, all are welcome. €5/class. Contact 087 7571126 for further details if required.

9.. Laragh United GFC Lotto Results: No jackpot winner. Numbers drawn were 6, 18, 20, 24. €30 winners were Grace Barry & Joe McMahon, Tommy Donohoe, Vincent O'Connell, Majella Coyle, Clare Geraghty. Next week's jackpot €6,200. Draw will take place in Stradone Community Centre. Your support is much appreciated.

10. Cards: continues in Clifferna Community Centre on Thursday nights at 9pm sharp. All welcome.

11. MudVenture: Online registration is now open for Mudventure 3 in Killinkere, which will take place on 17th February 2018. Run either 3km or 6km around our beautiful 50 acres of grounds, plenty of mud and plenty of obstacles to put you through your paces. Finish off with a lovely warm hose down and join us for hot food and live music in the bar! There are cash prizes to be won and the craic will be aplenty! You can sign up on runireland.com

12. Bereavement Care: For those who are finding it hard to cope with the death of a loved one, there is a free and confidential service. Trained Bereavement support volunteers are available to meet you privately in various locations in Cavan, Monaghan, Leitrim & Fermanagh. Phone 049 4372999 for an appointment.

13. Rainbow Tractor Club: AGM on Wednesday 17th January at 8.30pm in Lisgrey House. Jimmy O' Donnell will speak at 9.30pm on the upcoming dance in Stradone. All members please attend.

Your Prayers are Requested for the Souls of:

- **Elizabeth McAvoy, Banbridge**, whose funeral took place yesterday in Banbridge. We extend our sympathy to her brother Frank Brady and family, Cordegan.
- **Tony McCabe, Birmingham and late of Granafarna** whose burial will take place in Birmingham. We extend our sympathy to his niece Bridget O' Brien and family, Carrickacromin.
- **Betsy Brady, Cootehill**, whose funeral took place in Cootehill on Wednesday. We extend our sympathy to her daughter Mary Dunning and family, Drumhalla.
- **Pat Smyth, Dublin and late of Cornadumpin**, whose funeral took place in Dublin on Saturday.

Website: www.laraghparish.com

Email: laraghnewsletter@gmail.com

Kilmore Website: www.kilmorediocese.ie

Clergy & Pastoral Care

Fr Brian Flynn	049 4330142	Mobile	086 0422996
Fr Paddy Brady	049 4330119	Fr Michael Gilsean	087 4363555
Fr Liam Kelly	049 5553035	Mobile	087 9877739
Fr John Murphy	049 5553218	Mobile	087 2424760
Fr Paul Casey	049 5552163	Mobile	087 8171317

Emergency Numbers

Cavan Gardai	049 4368800	Doc-on-Call	1850 777911
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14th January 2018 – World Day of Migrants & Refugees

Celtic Rune of Hospitality

I saw a stranger yesterday
I put food in the eating place
Drink in the drinking place
Music in the listening place

And in the sacred name of the Triune
He blessed myself and my house
My cattle and my dear ones

And the lark said in her song
Often, often, often
Goes the Christ in stranger's guise
Often, often, often
Goes the Christ in stranger's guise

GENERAL NOTICES

ST. BRIGID'S CHURCH LARAGH

Masses this week:

Sun 14 th Jan	11.00 am	Jim Reilly & Dec family mbrs, Lisatoo A/V
Mon 15 th	9.30 am	As Requested
Tue 16 th	7.45 pm	Tommy Duke, Stradone A/V
Wed 17 th	10.30 am	For the People of the Parish
Thur 18 th	10.30 am	As Requested
Fri 19 th	7.45 pm	Patrick Tierney, Corgreagh A/V
Sun 21 st	11.00 am	Johnny King, Tunnyconnolly A/V

Eucharistic Adoration: On Tuesday from 5pm – 7.45pm

Servers for Next Week

Sunday 21st January: Emily, Ned, Shane, Orla W, Orlaith, Megan

ST. PATRICK'S CHURCH CARRICKALLEN

Masses this week:

Sat 13 th Jan	7.30 pm	Noel Smith, Artina A/V
Sat 20 th	7.30 pm	Katie & Tommy Brady, Carrickacromin A/V

Crib Donations: A very sincere thanks to all who contributed to the Crib Box. €170 has been forwarded to Trocaire.

ST. MICHAEL'S CHURCH CLIFFERNA

Masses this week:

Sun 14 th Jan	9.30 am	Eddie & Rose Farrelly, Tierlahood A/V
Mon 15 th	9.30 am	As Requested
Fri 19 th	7.00 pm	PJ Duffy, Clifferna A/V
Sun 21 st	9.30 am	Noel Denning, Corfad A/V

Eucharistic Adoration: Will resume in February
Mass Bookings: Can be made after 9.30am Mass on Sunday mornings in the Vestry.

1. World Day of Migrants & Refugees: This Sunday is the 104th World Day of Migrants and Refugees. In his message to mark the day, Pope Francis speaks of our responsibility as individuals, communities and church, to welcome migrants, particularly those who have been forced to leave their home in search of a better future.

2. An Evening of Prayer: Former professional footballer Fr Philip Mulryne OP will lead an evening of prayer in the Kilmore Diocesan Pastoral Centre, Cullies, Cavan on Friday January 26th at 7pm to include Holy Mass, Fr's inspiring testimony and talk, Eucharistic Benediction. A former professional footballer with Manchester Utd and Norwich City with 27 International Caps for Northern Ireland, Fr Philip was ordained to the priesthood for the Dominican Order last July. All most welcome to attend. Enq: 087 2549960 / 086 8453155.

3. Depressed? Anxious? Finding it difficult to cope? GROW Community Mental Health hold a weekly **peer support group** in Bridge Street Centre, Bridge St, Cavan each Thursday from 10.30am to 12.30pm. Come along any Thursday to learn how to improve your mental health and get support from others in similar situations. *The GROW program encourages its members to find and develop their personal strengths and work towards improving their Mental Health in a supportive and confidential environment using the GROW programme.* Contact KATHRYN @086 0436258 for further information or visit our website at www.grow.ie. "You alone can do it, but you can't do it alone".

4. Important Dates for 2018:
Confirmation: in Laragh on Friday 2nd March at 6pm
First Communion in Laragh: on Saturday 12th May at 12noon
First Communion in Clifferna: on Saturday 19th May at 11.30am

5. Cemetery Sunday 2018:
Carrickallen on Sunday 1st July
Laragh on Sunday 8th July
Clifferna on Sunday 29th July

6. Notices for Newsletter: to be sent in or emailed to laraghnewsletter@gmail.com no later than 6pm on Thursday evenings. Newsletters can be emailed weekly to parishioners away or abroad, send us an email if you wish to avail of this.

7. Accord Pre-Marriage Course 2018: Couples getting married in 2018 or later are encouraged to book their pre marriage course as soon as possible. Dates for 2018 are January 26th & 27th, February 23rd & 24th, March 9th & 10th, April 20th & 21st, October 5th & 6th, November 2nd & 3rd. Course takes place on Friday evening and on Saturday from 10am – 4pm in the Pastoral Centre Cavan. Took book a place call 049 4375004.